ISITHEBE FINANCIAL WELLNESS

# # EARLY START

## LEARNERSHIPS & INTERNS



Fact: Compound interest is the eighth wonder of the world.

### Managing expectations/ social pressures

- How to manage black tax
- Avoiding keeping up with the Khumalos syndrome

# How my personality affects how I handle finances

- What's your money personality
- Are you able to say no and draw the line?

#### **Budgeting techniques**

- Assessing savings (emergency funds, education funds, extended family dynamics)
- Starting with the end in mind

#### **SMART** saving techniques

- Apps available that make it easier
- Short term goals vs. Medium term vs. Long term goals

#### WORKSHOPS

- Face to face or online
- The length of the session will be as per client's requirements
- Will be facilitated to groups, with the maximum number per session being 15

#### WELLNESS DAYS

- Can be held as a standalone or alongside other wellness day initiatives
- We will print Credit reports for participants along with other financial awareness tools
- These will be onsite

#### PUBLICATIONS

• Dependent on the client these will either be electronic or hard copies

#### **ONE ON ONE CONSULTATION**

- This will be a closed session with the individual
- Each session will be for 1 hour